

Time	Event
1.30pm	70m Over 35 2 Heats
1.38pm	70m Under 14 3 Heats
1.50pm	70m Under 18 Girls 2 Heats
1.58pm	70m Under 18 Boys 2 Heats
2.06pm	70m Women 2 Heats
2.14pm	70m Men 2 Heats
2.22pm	70m Over 35 Final and Presentation
2.30pm	70m Under 14 Final and Presentation
2.38pm	70m Under 18 Girls Final and Presentation
2.46pm	70m Under 18 Boys Final and Presentation
2.54pm	70m Para Final and Presentation
3.02pm	70m Women Final and Presentation
3.10pm	70m Men Final and Presentation
3.18pm	Official Break
3.40pm	300m Under 14 2 Heats
3.48pm	300m Over 35 2 Heats "The Reddaway"
3.56pm	300m Under 18G Straight Final and Presentation
4.04pm	300m Under 18B Straight Final and Presentation
4.12pm	300m Men Straight Final and Presentation
4.20pm	300m Women Straight Final and Presentation
4.28pm	300m Under 14 Final and Presentation
4.36pm	Thomas Wright Memorial Mile Final and Presentation
4.46pm	300m Over 35 "The Reddaway" Final and Presentation



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